

JOSHUA BENNETT HELMAN**License Number: ME79530***Data As Of 9/8/2026*

Profession	Medical Doctor
License	ME79530
License Status	Clear/Active
Qualifications	Dispensing Practitioner
License Expiration Date	1/31/2027
License Original Issue Date	12/20/1999
Address of Record	6951 Lakeside Rd. WEST PALM BEACH, FL 33411
Controlled Substance Prescriber (for the Treatment of Chronic Non- malignant Pain)	Yes
Discipline on File	No
Public Complaint	No

Secondary Locations**Address**

1466 Hippocrates Way
WEST PALM BCH, FL 33411

Address

4520 Donald Ross Rd. Suite 100
PALM BEACH GARDENS, FL 33418

Discipline/Admin Action**Emergency Actions**

No Emergency Actions Found

Discipline Cases

No Discipline Found

Public Complaints

No Public Complaint Found

If a link does not appear for the case number, we do not have a scanned copy of the final order available in our database. To obtain a paper copy, please contact Public Records by clicking the link below:

[Discipline Public Records Request](#)

You may also contact Public Records by telephone at (850) 245-4252, option 4 or by written correspondence at:

Division of Medical Quality Assurance
Public Records
4052 Bald Cypress Way, Bin C01
Tallahassee, FL 32399-3251

Please include the following:

1. Full name and license number of the practitioner;
2. Name and address where documents are to be sent; and
3. If you require certification of the documents, a \$25 fee will be charged, in addition to the duplicating charges. Certification of the requested records will not be done unless specifically requested. An invoice will be sent to you and payment will be expected within thirty days. Upon receipt of payment, material will be sent to you.

Subordinate Practitioners

Name	Relationship	Profession	License	Effective Date
URDAZ, SHEENA LIANE	PRESCRIBING PHYSICIAN ASSISTANT	PHYSICIAN ASSISTANT	9108922	3/31/2026

Click on the License Number to view License Details for that Practitioner

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